# British Columbia Newborn Resuscitation and Stabilization Record

| RESP | | COLOUR | | TONE | |
|---|---|---|---|---|---|
| ✔ | = Good/ crying | P | = Pink | ✔ | = Active motion |
| I | = Irregular/ slow/shallow | R | = Ruddy/ plethoric | SF | = Some flexion |
| RD | = Respiratory distress | M | = Mottled | H | = Hypotonic/ flaccid |
| Ø | = Absent | W | = White/pale | | |
| V | = Ventilated | C | = Cyanotic/ dusky | | |

| ETT | 1 kg | 2 kg | 3 kg | 4 kg |
|---|---|---|---|---|
| **Size** | 2.5 | 3.0 | 3.0–3.5 | 3.5–4.0 |
| **Insertion Depth (cm)** | 7 | 8 | 9 | 10 |

**Estimated weight:** _____ kg

| MEDICATIONS (mL) | 1 kg | 2 kg | 3 kg | 4 kg |
|---|---|---|---|---|
| **EPI-ETT** (1:10 000) 1 mL/kg | 1 | 2 | 3 | 3 |
| **EPI-IV** (1:10 000) 0.1 mL/kg | 0.1 | 0.2 | 0.3 | 0.4 |
| **VOL EXP-IV** 10 mL/kg | 10 | 20 | 30 | 40 |
| **Post-resuscitation only** | | | | |
| **Naloxone-IV** (1 mg/mL) 0.1 mg/kg | X | X | 0.3 | 0.4 |

**DATE** _____ **Time of Birth** _____

**Location:** L&D NICU Other _____

## 1 TIME / 2 ASSESSMENT / 3 INTERVENTIONS / 4 NOTES

| 1 TIME | | 2 ASSESSMENT | | | | | | | | 3 INTERVENTIONS | | | | | | | | 4 NOTES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | Chart ongoing Apgars if <7 at 5 min | | | | | | | | $O_2$ | | PPV or CPAP | | | | CARDIAC COMPRESS | MED or VOLUME EXPANDER | | | (response to interventions, e.g. suction/secretions, line insertion, lab tests, X-rays, blood glucose testing) (If more space is required, continue on back) |
| | | Apgar score | 1 min | 5 min | 10 min | 15 min | 20 min | | | | | | | | | | | | | |
| ACTUAL TIME OR | AGE (in minutes) | RESP | HR (per minute) | COLOUR | TONE | TEMP (AX or skin probe) | $O_2$ SATURATION(%) | BP | BP mean | FREE FLOW ✔ | % (or lpm) | RATE | PRESSURE | LMA size 1 | ETT size ___ | ✔ | MEDICATION | DOSE (mL) | ROUTE (IV, UV, ETT, IM) | |
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**MD/RM** _____ / _____ / _____ (Print / Sign / Initial)

**OTHER** _____ / _____ / _____ (Print / Sign / Initial)

**RN** _____ / _____ / _____ (Print / Sign / Initial)

**RT** _____ / _____ / _____ (Print / Sign / Initial)

**RECORDER** _____ / _____ / _____ (Print / Sign / Initial)

**Clock Reconciliation** room clock: _____ Apgar timer: _____

BARCODE (IF USED)

| 1 TIME | | 2 ASSESSMENT | | | | | | | | 3 INTERVENTIONS | | | | | | | | | 4 NOTES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | $O_2$ | | PPV or CPAP | | | | CARDIAC COMPRESS | MED or VOLUME EXPANDER | | |
| ACTUAL TIME —OR— AGE (in minutes) | | RESP | HR (per minute) | COLOUR | TONE | TEMP (AX or skin probe) | $O_2$ SATURATION (%) | BP | BP mean | FREE FLOW ✓ | % (or lpm) | RATE | PRESSURE | LMA size 1 | ETT size ___ | ✓ | MEDICATION | DOSE (mL) | ROUTE (IV, UV, ETT, IM) | (response to interventions, e.g. suction/secretions, line insertion, lab tests, X-rays, blood glucose testing) |
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**ADDITIONAL NARRATIVE NOTES**